



April	North Contraction	man Park	
11th	KAYAK (+£5)	10-14yrs	MUSSELBURGH
12th	BUSH CRAFT	10-14yrs	DUNBAR
13th	ROCK CLIMB	10-14yrs	N. BERWICK
14th	TRAIL CYCLE	10-14yrs	PENTCAITLAND
15th	BURN SCRAMBLE	10-14yrs	WOODHALL
19th	ROCK CLIMB	8-10yrs	N. BERWICK
20th	KAYAK	8-10yrs	DUNBAR
21st	BURN SCRAMBLE	8-10yrs	WOODHALL
22nd	CHALLENGE EVENT	10-14yrs	MUSSELBURGH
*Kayak s	sessions are £30 per person	Activitie	s are 10am to 3pm

Easter Holidays - Childrens Activities £25* per person per day

Summer Holidays - Childrens Activities £25* per person per day

July 4th KAYAK (+£5) 5th KAYAK (+£5) 6th ROCK CLIMB 7th ROCK CLIMB **BURN SCRAMBLE** 8th 11th TRAIL CYCLE **BUSH CRAFT** 12th **BUSH CRAFT** 13th 14th KAYAK (+£5) 15th KAYAK (+£5) *Kayak sessions are £30 per person

10-14yrs	MUSSELBURGH			
8-10yrs	MUSSELBURGH			
10-14yrs	N.BERWICK			
8-10yrs	N.BERWICK			
10-14yrs	WOODHALL			
10-14yrs	PENTCAITLAND			
10-14yrs	DUNBAR			
8-10yrs	DUNBAR			
10-14yrs	MUSSELBURGH			
8-10yrs	MUSSELBURGH			
Activities are 10am to 3pm				





EL In Service Days - Childrens Activities £25 per person per day

 May

 23rd
 CHALLENGE EVENT

 (Victoria Day)

 24th
 ROCK CLIMB

 25th
 BUSH CRAFT

 August

 15th
 CHALLENGE EVENT

 16th
 ROCK CLIMB

October 24th

10-14yrs	MUSSELBURGH
10-14yrs	N.BERWICK
10-14yrs	N.BERWICK
8-10yrs	MUSSELBURGH
8-10yrs	N.BERWICK

10-14yrs MUSSELBURGH Activities are 10am to 3pm

Discounts available - see online for details

CHALLENGE EVENT

2011 the year of Active Scotland - Why not join in the fun?

A wide range of activities for children, adults and families

Family activities - £25* per person per day

April 25th ROCK CLIMB 8yrs + N.BERWICK

May

2nd CANOE (+£5) 5yrs + MUSSELBURGH

July

9th CANOE (+£5) 5yrs + MUSSELBURGH *Canoe sessions are £30 per person 10am to 3pm

All children must be accompanied by an adult. Max ratio of 1 adult to 2 children.





Adult C	Adult Courses & 15 to 17 yrs					
16th	INTRO NAVIGATION	Adult	LAMMERMUIRS	£45		
Мау						
1st	INTRO SEA KAYAK	Adult	NB COAST	£80		
7th	INTRO KAYAK	Adult	MUSSELBURGH	£45		
21st	INTRO MTN BIKE	15-17	GLENTRESS	£45		
June	RAL STATES					
18th	INTRO SEA KAYAK	15-17	NB COAST	£80		
25th	INTRO MTN BIKE	Women	GLENTRESS	£45		
26th	INTRO MTN BIKE	Adult	GLENTRESS	£45		
6.0						
July		12				
10th	INTRO SEA KAYAK	Adult	NB COAST	£80		
0.1 30	· //2/					
Septemb				172		
10th	INTRO MTN BIKE	Adult	GLENTRESS	£45		
11th	INTRO SEA KAYAK	Adult	NB COAST	£80		
	These Courses and much from one	a na selva at a l	. A Dama ha Amma			

These Courses run from approximately 10am to 4pm

To make a booking or for further information visit our website

www.venturingout.co.uk

Venturing Out holds an Adventurous Activities Licence Ref: L8584 and is also an Accredited Activities Provider for The Duke of Edinburgh's Award

Why not book an outdoor activity party? For Children and Adults

Achdalieu, 4/5 Myles Farm Cottages, Tranent, East Lothian, EH33 2LE Email: antony@venturingout.co.uk Tel: 07980000587